



LEVEL 3 MARTIAL ARTS PERFORMANCE

Character Evaluation Report for _____ Date: _____

Dear Parents and Teachers:

In the Martial Arts students must show proficient physical execution of required techniques to achieve their next level. However, Martial Arts training also promotes a lifestyle enriched by specific core values necessary to be a productive addition to our community. It's our job as parents, teachers, and instructors to provide guidance and support so they achieve their highest potential. Rank progression helps students create achievable short and long-term goals. Changing belt colors represents accomplishment and growth and shows students are ready to explore a new set of challenges. Since we can't be present at home or school with our students to observe their level of personal performance, please take a moment and give your honest opinion of them in the areas below. If you wish to provide details please email or call us via the information below. THIS FORM MUST BE TURNED IN WITH ENOUGH TIME FOR CORRECTIONS TO BE MADE IF NECESSARY. If it is turned in too late without passing marks the student will not receive their white stripe which will keep them from testing. Thank You.

Please rate on a scale of 1 to 4 (1 = Never 2 = Occasionally 3 = Often 4 = Always):

Respect / Sincerity – Speaks politely to others, treats siblings/fellow students fairly, acknowledges person in charge, is honest in their words and behaviors.

Home _____ School _____ Dojo _____ Comments: _____

Etiquette – Follows the rules, listens without interrupting, raises hand to speak, uses phrases of yes/no Dad/Mom/Teacher, please, thank-you, etc. Proper uniform at the studio (cleanliness, tied belt, proper patches). Appropriate school attire.

Home _____ School _____ Dojo _____ Comments: _____

Self-Control / Discipline – Can correct behavior with very little prompting from the person in charge. Keeps calm, doesn't throw a fit when things go wrong or not to their liking.

Home _____ School _____ Dojo _____ Comments: _____

Effort – Can motivate self to complete tasks and responsibilities (chores and homework). Keeps room and work space clean. Doesn't give up easily.

Home _____ School _____ Dojo _____ Comments: _____

Humility – Willing to help others, good sportmanship, doesn't boast, brag, or seek attention. Shows patience, understanding, empathy.

Home _____ School _____ Dojo _____ Comments: _____

Parent Signature

Teacher Signature

Completion Date: _____

Completion Date: _____

LEVEL 3 MARTIAL ARTS PERFORMANCE – OUR COMMUNITY'S PREMIER MARTIAL ARTS PROGRAM

WWW.LEVEL3KARATE.COM



@LEVEL3KARATE



Character Evaluation Report for _____ Date: _____

YOU CAN ALSO DOWNLOAD THIS FORM FROM OUR WEBISTE: WWW.LEVEL3KARATE.COM

The following topics are the foundation of our studio's respectful and friendly environment as well as our student's confidence and understanding of the LEVEL 3 MARTIAL ARTS PERFORMANCE training system. The below information must be known and applied by all students before achieving their White Character stripe.

STUDENT IMAGE:

- Long hair tied into pony-tail.
- No jewelry or watch worn during training.
- Brings a water bottle to each class.
- Uniform proper color and fit: pants lay just upon the instep of the foot (for safety, cannot roll up pants).
- Good condition: clean (free of stains and not dingy looking), odorless, and not torn/ripped.
- Wears Dojo logo shirt beneath uniform to every class.
- Bare foot or martial arts shoes only, no socks alone.
- Patches sewn on and of proper color.
- Properly tied belt.

CONDUCT & BEHAVIOR:

- Punctual for all classes.
- Bows when entering & leaving Dojo.
- Kneels when tying on or removing belt.
- Kneels when a Black Belt ties or removes their belt.
- Kneels quietly when a class in session kneels.
- Says "Yes / No Sensei" when answering questions and does not speak out of turn.
- Shows respect to others and is quiet when waiting for his/her class to start.
- Behaves properly with good etiquette in the lobby.
- Uses restroom before class as an effort to avoid interrupting class.
- Uses positive language/thinking and demonstrates "Black-Belt" mindset.

PHILOSOPHY:

- Knows our martial arts style: Kempo-Karate.
- Knows the meaning of Front Position: Peace and control over power.
- Knows why we bow entering the Dojo: to remember where we are, what we're doing, and why.
- Knows the 5 animals: Tiger (strength), Leopard (speed), Dragon (flexibility), Snake (energy), Crane (balance).
- Knows the 5 principles: Self-control (control your thoughts, words, and actions), Sincerity (honesty), Effort (try hard), Etiquette (follows tradition), Character (respect, discipline, humility).
- Knows the 4 White-Belt rules: Knees bent, back straight, hands up, eyes forward (5th optional Feet straight).

Instructor Signature

Completion Date: _____

